

# How Home-Start helps families in your community: a guide for providers of local services

Home-Start offers one to one, personalised support for parents with children under five; reaching out to families at risk of social exclusion, including those who do not engage with other services.

Home-Start places trained volunteers alongside parents. Support is tailored to the individual needs of each family and is provided for as long as the family needs it.

Volunteers are managed and supervised by their local Home-Start scheme which is in turn supported by Home-Start UK; a community resource with all the benefits of a strong national organisation.



Support and friendship  
for families

## What Home-Start brings to your community

-  Outreach to families: home-visiting and other family support services
-  Partnership working and local expertise to enhance support for families
-  Trustees: local people selected, trained and guided to run a local service
-  Volunteers: local parents selected trained and supervised to provide one to one support to other local parents
-  Added value: local and other funding and resources brought into the community

## What we do

-  Provide tailored, personalised support to families, in their own homes, and in groups
-  Encourage wider social and support networks and opportunities for increased engagement in community life
-  Offer choices for parents and their children and opportunities for their voices to be heard
-  Offer consistent adult role models for parents and their children – other adults who care
-  Promote active citizenship, by involving local people in planning and provision
-  Ensure consistent, high quality service through monitoring and quality assurance

## The difference we can make

-  Families develop improved coping strategies and parents become more confident
-  Parents and children feel less marginalised
-  Families make better use of local services, are less isolated and have wider horizons
-  Children have fun and opportunities to enjoy new experiences
-  Stronger parent/child relationships
-  Happier safer homes, happier safer children
-  Individual volunteers encouraged and supported into training and employment
-  Increased community capacity: positive outcomes achieved by local people for local people